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ECONOMICAL CONDITION OF WOMEN IN KASHMIR

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ABSTRACT

Economic Empowerment relates to the economic freedom that women have and the increasing share of economic activity that they are performing. Women have started participating in the economic scenario of the country which gives a clear indication of women's empowerment. If women are economically empowered, they can earn their living and support the family also which results in improving the standard of living in the society. In this way, they can generate self-respect, self-esteem, and other forms of benefits. It has addressed the issues like property rights, household relations, and educational rights in society. This is also supposed to improve the savings and credit which in turn strengthens women's say in decision making in their family. It is seen that when women control decisions regarding credit and saving, they improve the overall welfare of the family and also women's income in a family is very important for the educational, nutritional, and economic improvement of the family. The investment in women's economic activities will improve employment opportunities for women. The microfinance program is providing an appropriate platform for initiating and sustaining income-generating activities for the development of society all the sections of people must fully participate in it so that opportunities, or full development of potentialities of women are available. When women are financially dependent, they are vulnerable to exploitation as compared to those who are gainfully employed as they enjoy greater economic independence.

Keywords: *Economic Empowerment, Women Empowerment, Kashmir.*